

# Breast Cancer Introductory Lecture

# General Info: Breast Cancer

## General Information:

Avg age diagnosis 62  
Lifetime risk 1/8 (~13%)

## Standard Screening:

Age 40-45  
Annual mammography  
MRI/MMG Q6M if high risk

## Clinical Risk Factors:

### Clinical Characteristics

Age  
Obesity  
Tall height  
Dense breasts

### Estrogen Exposure

Early menarche/late menopause  
Nullparity/Late Pregnancy  
No breastfeeding  
OCP, IVF, HRT

### Other Exposures

ETOH, RT

## Genetic Risk Factors:

### Family History

Ashkenazi Jewish

### High Penetrance

BRCA1/2  
PALB2  
TP53 (Li Fraumeni)  
PTEN (Cowden's)  
STK11 (Peutz-Jegher)  
CDH1 (Hereditary Gastric)

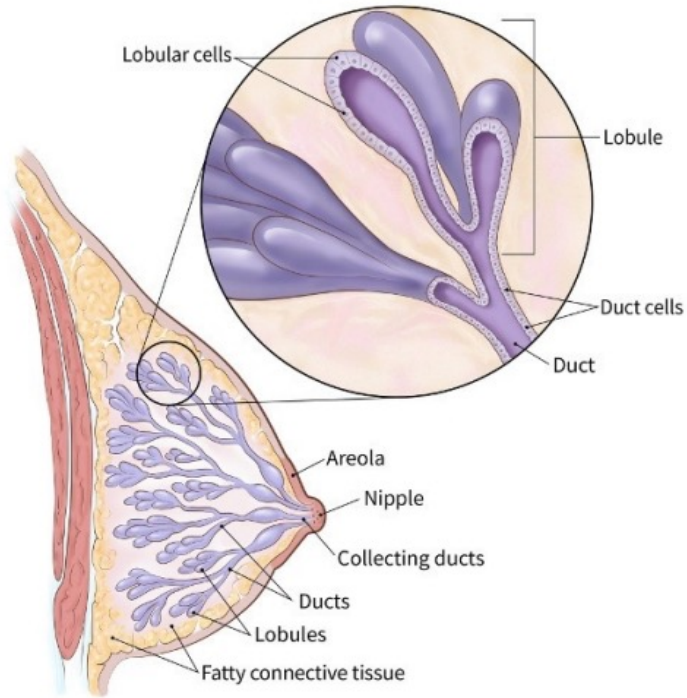
### Moderate Penetrance

CHEK2  
ATM  
NF1  
RAD51C/D  
BARD1

# Breast Cancer Pathology

# Breast Cancer Pathology

Normal breast tissue is composed of **lobules** where milk is made and breast **ducts** where milk is channeled to the nipple



American Cancer Society

## Ductal Carcinoma

**~80% of cancers**

Positive for e-cadherin = cellular adhesive  
Cells are cohesive, often in clusters  
More easily identified on imaging or exam

## Lobular Carcinoma

**~10% of cancers**

Defined as absence of e-cadherin = cellular adhesive  
Cells are dis-cohesive, can appear single file  
Less easily identified on imaging or exam

# Breast Cancer Histology

Breast cells develop into malignant cells along a spectrum

**Atypical Ductal/Lobular Hyperplasia (ADH/ALH)**

Abnormal High-Risk Cells  
Portend higher risk of future cancer

**Ductal/Lobular Carcinoma in Situ (DCIS/LCIS)**

High-Risk (LCIS) or Pre-Cancerous Cells (DCIS) Stage 0  
“in situ” = stuck “in place”  
Do not have the ability to invade outside the breast

**Invasive Ductal/Lobular Carcinoma (IDC/ILC)**

Invasive Cancer (Stage I-IV)  
Has the potential to invade outside the breast

## High-Risk or Pre-Cancerous

## True Invasive Cancer

### DUCTAL

Atypical  
Ductal  
Hyperplasia

Ductal  
Carcinoma  
In  
Situ

Invasive  
Ductal  
Carcinoma

**Favorable Histologies:**  
**Unfavorable Histologies:**

**Tubular, Mucinous (Pure)**  
**Micropapillary, Metaplastic**

### LOBULAR

Atypical  
Lobular  
Hyperplasia

Lobular  
Carcinoma  
In  
Situ

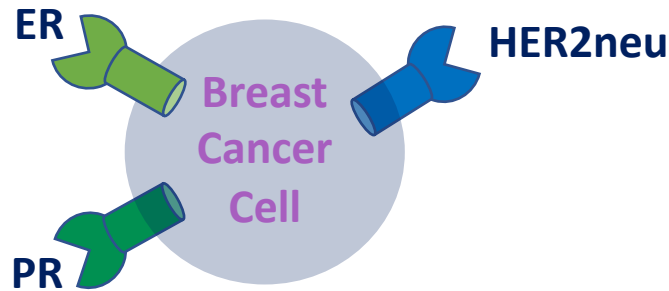
Invasive  
Lobular  
Carcinoma

**Unfavorable Histologies:** **Pleomorphic**

\* Can have a mixed Ductal/Lobular phenotype

# Breast Cancer Subtypes

Hormone receptors (estrogen and progesterone) & HER2 receptors  
= expressed on some breast cancer cells



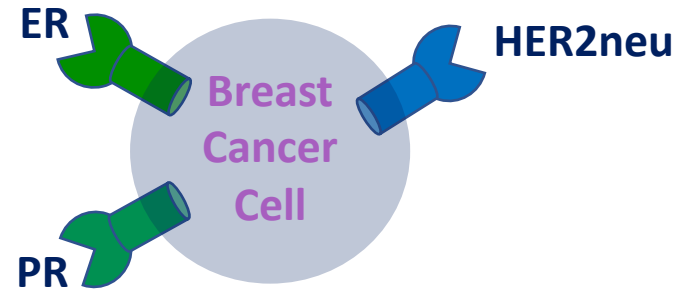
Receptors always written in order:

ER → PR → HER2

ER+/PR+/HER2- or +/+/-

Types of Breast Cancer		Incidence
HR+/HER2-	HR positive	70%
HR-/HER2+ HR+/HER2+	HER2 positive Triple positive	20%
HR-/HER2-	Triple negative	10%

# Breast Cancer Receptors



## Definition of HR+ (ER+ or PR+)

**Hormone Receptor positive = HR+**

**Estrogen Receptor (ER)**

**Progesterone Receptor (PR)**

**HR “Low”**

1-10% ER or PR = HR “low” but still positive

> 10% ER or PR = positive

**either ER or PR > 1% = HR+**

## Definition of HER2+

HER2+ IHC is graded 1+ to 3+ (1+ = weak; 3+ = strong)

**HER2 IHC 1+ = negative**

**HER2 IHC 2+ = equivocal, requires confirmatory FISH**

**HER2 IHC 3+ = positive**

FISH Tests: HER2/CEP17 and HER2 CN

**HER2/CEP17 > 2 = Positive**

HER2/CEP17 = HER2 gene/chromosome 17 centromere expression

**HER2 CN > 4-6 = Positive**

HER2 CN = HER2 copy number



# Breast Cancer Staging

## Receptors:

Staging includes HR and HER2 receptor status, grade, as well as TNM

## Notable T Sizes:

T1a: < 0.5 cm

T1b: 0.5 – 1 cm

T1c: 1-2 cm

T2: 2-5 cm

T3: > 5 cm

T4: chest wall or skin

## Notable lymph Nodes:

N1 = 1-3 axillary LN

N2 = 4-9 axillary LN or internal mammary LN

N3 = 10+ axillary LN or supraclavicular LN  
axillary LN with IM or supraclavicular LNs

M1 = mediastinal or cervical LN

## Work Up:

### **CT torso with either PET or Bone Scan**

if advanced disease or symptoms of metastatic disease

Consider staging in more aggressive N+ cancers

Ex: HER2+ or TNBC N+ cancers

Some stage II

Most/all stage III

# Breast Cancer Prognosis

Prognosis varies significantly based on: staging (early vs late) and receptor status

## Early Stage Breast Cancer:

Stage I-III BC 5Y OS around 75-95%

HR+	5Y OS 95%
HER2+	5Y OS 85%
TNBC	5Y OS 75%

## Metastatic Breast Cancer:

Stage IV HR+	5Y OS around 30%
Stage IV HER2+	5Y OS around 20%
Stage IV TNBC	5Y OS around 10%

Stage IV HR+	median OS 57 months
Stage IV HR-	median OS 31 months

# Early Stage Breast Cancer Treatment

# Early Breast Cancer Treatment Paradigm

## Local Control

Goal = remove cancer locally

Surgery

+/-

Radiation Therapy

## Systemic Therapy

Goal = reduce risk of local & distant recurrence

- (1) Destroy any microscopic cells not removed in local resection
- (2) Modify hormonal environment to reduce risk of recurrence

+/-

Chemotherapy

+/-

Endocrine Therapy if HR+

+/-

Antibody Therapy if HER2+

+/-

Immunotherapy if TNBC+

# Early Breast Cancer Treatment Paradigm

## Chemotherapy

Cellular poison. Kills rapidly dividing cells.

## Endocrine Therapy

Anti-estrogen hormone therapy. Reduces the estrogen in the body that stimulates the estrogen receptor or blocks the estrogen receptor. Removes the “food source” for HR+ cancer

## Antibody Therapy

Antibody therapy directed at targets such as the HER2+ receptor. Prevents the HER2 receptor from stimulating downstream signaling pathways.

## Other Therapies

Additional therapies such as immunotherapy, conjugated antibodies, CDK4/6 inhibitors, PARP inhibitors, etc

# Local Therapy: Breast Surgery

## Lumpectomy +/- RT

**Partial breast removal**  
for **smaller** tumors

- Often requires adjuvant RT

## Mastectomy +/- RT

**Total breast removal**  
for **larger** tumors or if **contraindication to RT**

- Often negates need for adjuvant RT  
*Post-mastectomy RT if T3 (> 5 cm) or N2 (> 4 LN)*
- Contraindication to RT  
*Ex: Pregnancy, prior RT, certain connect tissue disorders*

*\* Can be nipple-sparing*

*\* Top surgery for transgender or gender diverse patients is not equivalent to a mastectomy. Natal breast tissue is not entirely removed*

# Local Therapy: Lymph Node Dissections

## SLNB

### Sentinal Lymph Node Biopsy

Removal of a few targeted lymph nodes identified via a tracer injected near the cancer  
ex: blue dye, radioactive isotope

If cT1N0 low risk sometimes can avoid SLND

Risk of lymphedema ~10%

## ALND

### Axillary Lymph Node Dissection (ALND)

Removal of many axillary lymph nodes, regardless of tracer uptake

If cT1-T2N0 with 0-2+ SLN or PCR after neoadjuvant treatment sometimes can avoid ALND

Risk of lymphedema ~40%

# Breast Cancer Treatment Paradigm

Atypical Ductal/Lobular Hyperplasia (ADH/ALH)

**+/- Surgery** evaluate upstaging

**+/- ET** prevention

Ductal/Lobular Carcinoma in Situ (DCIS/LCIS)

**Surgery +/- RT** eval upstaging + treatment

**+/- ET** prevention

Invasive Ductal/Lobular Carcinoma (IDC/ILC)

**Surgery +/- RT**

**+/- Chemo**

**+/- ET**

**+/- HER2 AB**

**+/- Immunotherapy**

Chemotherapy, HER2 ABs, Immunotherapy  
are **ONLY** used for invasive disease





# Early Breast Cancer Treatment Paradigm

## Neoadjuvant Therapy

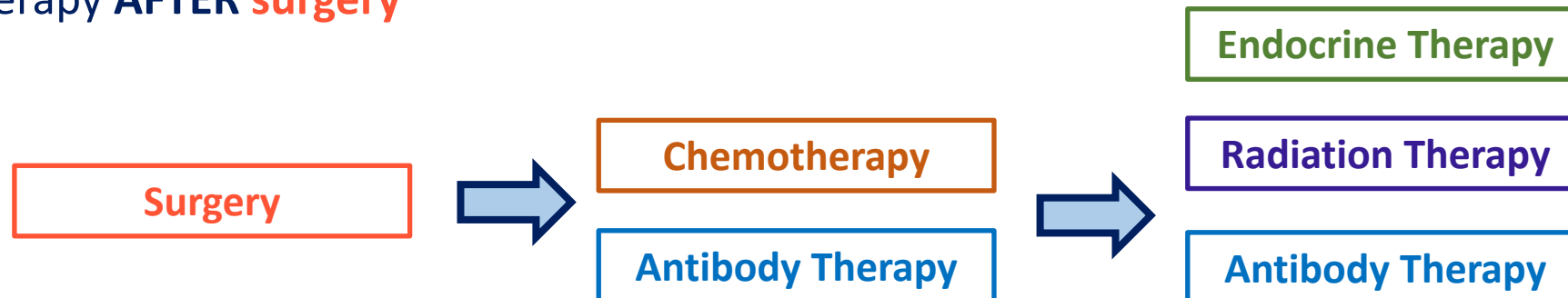
systemic therapy **BEFORE** surgery



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## Adjuvant Therapy

systemic therapy **AFTER** surgery



# Adjuvant vs. Neoadjuvant Therapy

## SURGICAL INDICATIONS FOR NEOADJUVANT TX

### (1) Down-Sizing of Surgery

ex: can allow for lumpectomy instead of mastectomy or spare an axillary LN dissection

### (2) Rendering Inoperable Tumors Operable

ex: Inflammatory breast cancer (T4)

# Early Breast Cancer: Adjuvant vs. Neoadjuvant Therapy

## MEDICAL INDICATIONS FOR NEOADJUVANT TX

### (3) Pathologic Assessment of Response to Therapy Change of Adjuvant Therapy in HER2+ and TNBC

**HER2+** w/ pathologic complete response (PCR) → adjuvant **HP (Herceptin/Perjeta)**

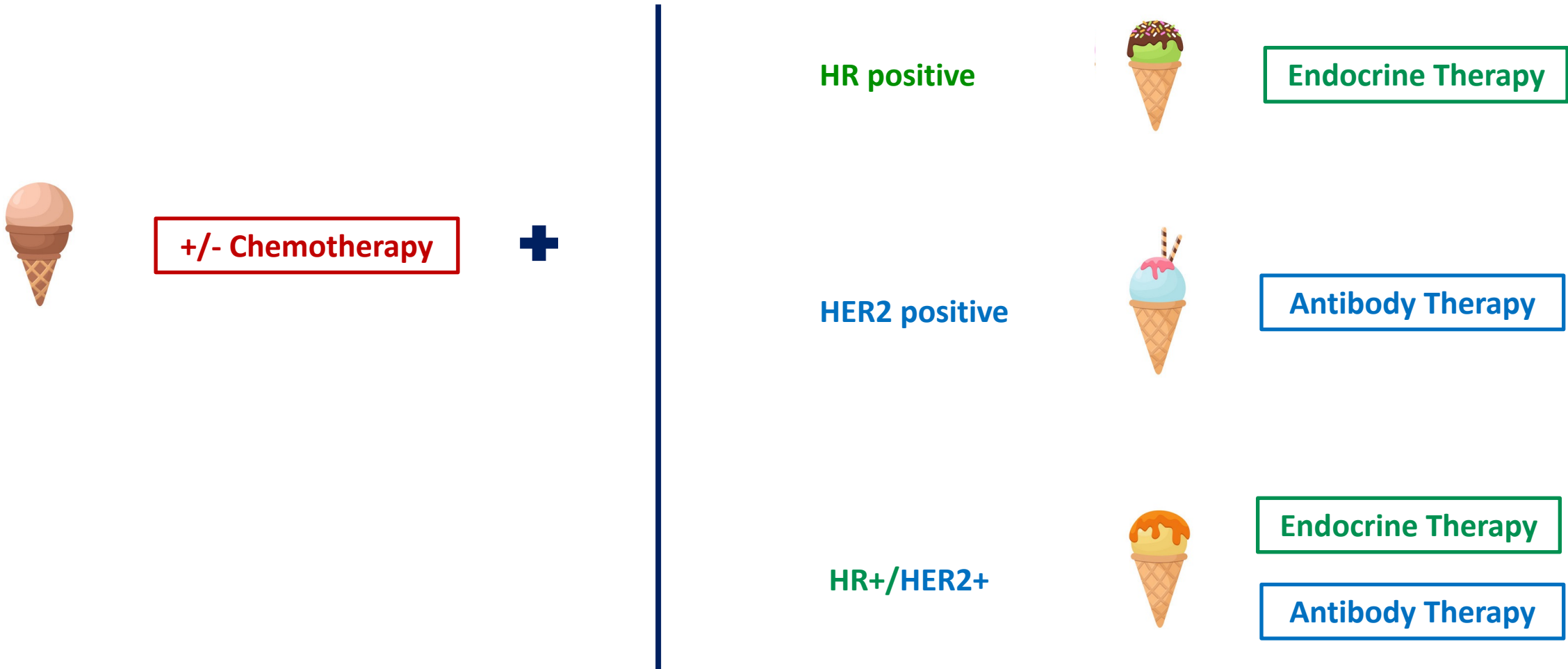
**HER2+** w/ residual disease (RD) → adjuvant **TDM1 (Kadcyla)**

**TNBC** w/ pathologic complete response (PCR) → no adjuvant chemo

**TNBC** w/ residual disease (RD) → adjuvant **capecitabine (Xeloda)**

# Early Breast Cancer: Systemic Treatment Schema

Breast Cancer treatment is Receptor Based



# Common Chemotherapy Regimens

## HER2- Chemotherapy Regimens:

**ACT:** (A) Adriamycin  
(C) Cyclophosphamide  
(T) Paclitaxel

**TC:** (T) Docetaxel  
(C) Cyclophosphamide

**CMF:** (C) Cyclophosphamide  
(M) Methotrexate  
(F) 5FU  
*\* older regimen, less frequently used*

## HER2+ Chemotherapy-Antibody Regimens:

**TC-HP:** (T) Docetaxel (H) Trastuzumab/Herceptin  
(C) Carboplatin (P) Pertuzumab/Perjeta

**T-H:** (T) Paclitaxel (H) Trastuzumab/Herceptin

**ACT-H/P:** (A) Adriamycin  
(C) Cyclophosphamide  
(T) Paclitaxel  
*\* older regimen, less frequently used*

## Important Side Effects:

**Adriamycin** → cardiotoxicity (monitor with TTE)

**Paclitaxel/Docetaxel** → neuropathy, transaminitis

**A, C, T, M, F** → myelosuppression, hair loss, infertility

# Common Chemotherapy Regimens

## TNBC Regimens:

**ACT:** (A) Adriamycin  
(C) Cyclophosphamide  
(T) Paclitaxel

## TC-AC-Pembro: "Keynote 522"

(T) Paclitaxel  
(C) Carboplatin  
  
(A) Adriamycin  
(C) Cyclophosphamide

Pembrolizumab (*Keytruda*)

## Important Side Effects:

**Adriamycin** → cardiotoxicity (monitor with TTE)

**Paclitaxel** → neuropathy, transaminitis

**Carboplatin** → neuropathy, nephropathy, ototoxicity

**A, C, T, M, F** → myelosuppression, hair loss, infertility

**Pembrolizumab** → autoimmune inflammation in *any* organ  
commonly thyroid, skin, colon, liver

# Endocrine Therapy (ET)

## Hormone Therapy: 5-10 years adjuvant

### Selective Estrogen Receptor Modulator

SERM = PRE-MENOPAUSAL drug

*inhibits estrogen receptor*

**Tamoxifen**

\* SERMs CAN be used for post-menopausal women

### Aromatase Inhibitors

AI = POST-MENOPAUSAL drug

*Inhibits peripheral conversion of androgens to estrogen*

**Anastrozole (Arimidex)**

**Letrozole (Femara)**

**Exemestane (Aromasin)**

\* AIs CANNOT be used for pre-menopausal women unless given with OFS

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### Important Side Effects:

**SERM → DVT (1-2%), endometrial cancer (1%, mostly in post-men women), teratogenic, dysmenorrhea**  
hot flashes, night sweats, vaginal secretion changes, mood, weight, cognition changes, cataracts

**AI → arthritis (10-30%), osteoporosis, cholesterol changes**  
hot flashes, night sweats, vaginal dryness, mood, weight, cognition changes, cataracts

# HER2+ Antibodies, Conjugated ABs, TKIs

## HER2 Antibodies: 1 year total

**Trastuzumab (Herceptin):** HER2 AB  
Commonly part of neo/adjuvant treatment

**Pertuzumab (Perjeta):** HER2 AB

*\* Only used with trastuzumab for >T2 or N+ tumors*

**TDM1 (Kadcyla):** HER2 Conjugated AB

*\* Only used if residual disease after neoadjuvant trastuzumab*

**Neratinib:** HER2 Tyrosine Kinase Inhibitor

*\* Can give after 1 year adjuvant HER2 AB if high-risk, often TPBC*

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### Important Side Effects:

**Trastuzumab/TDM1** → cardiotoxicity (Q3 month TTE during treatment)

**Pertuzumab** → diarrhea

**TDM1** → thrombocytopenia, transaminitis/hepatopathy, neuropathy



# HR+ Early Breast Cancer Treatment Overview

## Small

T1-T2, N0-N1



ET: SERM (Tamoxifen)<sup>PRE-MEN</sup> or AI (Anastrozole)<sup>POST-MEN</sup>

For 5-10Y

RT: Radiation Therapy

Surgery →



TC [ddACT if high risk]

(T) Docetaxel

(C) Cyclophosphamide



ET (for 5-10Y)

RT

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## Large

T3-T4, N2-N3

ddACT: AC Q2W → T

(A) Anthracycline

(C) Cyclophosphamide

(T) Paclitaxel



Surgery



ET (for 5-10Y)

RT

# HER2+ Early Breast Cancer Treatment Overview

## Small

T1N0

**Surgery**



**T-H**

(T) Paclitaxel  
(H) Herceptin



**Radiation**

**H (Herceptin)**

To complete 1Y HER2 AB

## Large

T2 or N+

**TC-HP**

(T) Docetaxel  
(C) Carboplatin  
(H) Herceptin  
(P) Perjeta



**Surgery +/- RT**



**PCR**

pathologic complete response



**HP +/- ET**

To complete 1Y HER2 AB  
For 5-10Y

**RD**

ANY residual invasive disease  
\*does not have to be HER2+



**TDM1 +/- ET**

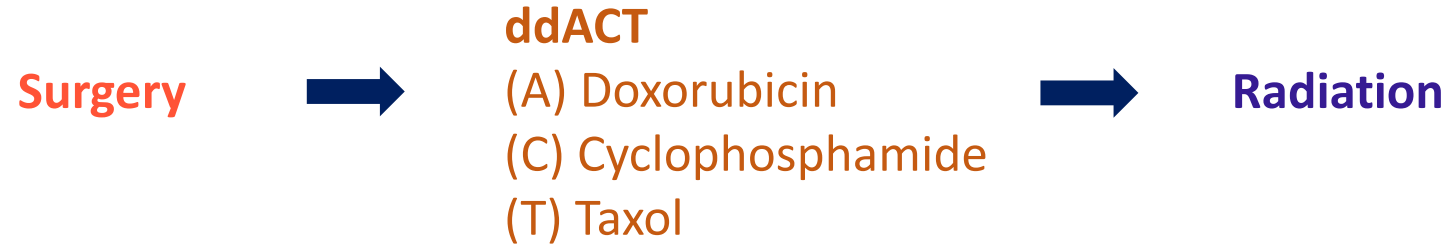
To complete 1Y HER2 AB  
For 5-10Y



# TNBC Early Breast Cancer Treatment Overview

## Small

T1N0



## Large

T2 or N+

### TC-AC-Pembrolizumab

(T) Taxol

(C) Carboplatin

(A) Doxorubicin

(C) Cyclophosphamide

(P) Pembrolizumab



Surgery +/- RT



### PCR

pathologic complete response



Pembrolizumab

### RD

residual disease



Capecitabine +  
Pembrolizumab

\* Consider Olaparib (PARP inhibitor) in place of capecitabine if RD and gBRCA+

# Metastatic Breast Cancer Treatment

# Metastatic Breast Cancer: Front Line Therapy Overview

## HR+ Breast Cancer:

**Hormone Therapy:** SERM or AI

*with*

**CDK4/6 Inhibitor:** palbociclib, ribociclib, abemaciclib

## HER2+ Breast Cancer:

**HER2+ Therapy:** trastuzumab + pertuzumab

*with*

**Chemotherapy:** docetaxel or paclitaxel

## HR-/HER2-: Triple Negative Breast Cancer

**CPS+ (>10%):** pembrolizumab + chemotherapy

*or*

**Chemotherapy:** single-agent chemotherapy

## HR+/HER2+: Triple Positive Breast Cancer

**HER2+ Therapy:** trastuzumab + pertuzumab

*with*

**Chemotherapy:** docetaxel or paclitaxel

*\* or with ET in place of chemotherapy for select patients*

# MBC: Targetable Mutations

## ADDITIONAL STUDIES:

**NGS: Look for actionable mutations** (targeted agents used 2nd line)



Tumor Testing (more sensitive)



Liquid Testing (ctDNA = circulating tumor DNA)

**ESR1** → Resistance to AIs (use SERDs) in HR+ MBC



**PIK3CA** → Responds to PI3K inhibitors (ex: alpelisib, capivasertib)

**BRCA** → Responds to PARP inhibitors (ex: olaparib, talazoparib)

**CPS** → Sensitive to Immunotherapy (ex: pembrolizumab) in TNBC


# MBC HR+: Treatment Schema

\* There is no SOC 2nd line onward therapy for HR+ MBC.  
Below is one proposed schema

Tx Line	Regimen  Genetic Testing: ESR1, PIK3CA, BRCA, etc 
1 <sup>st</sup>	AI Sensitive: AI + CDK4/6 Inhibitor (ribociclib, abemaciclib, palbociclib)
	AI Resistant: Fulvestrant + CDK4/6 Inhibitor
2 <sup>nd</sup>	ET Sensitive: 1. Elacestrant <sup>ESR1 &gt; WT</sup> 2. Fulvestrant Combination: + Capivasertib <sup>PIK3CA/PTEN/AKT</sup> , Aleplisib <sup>PIK3CA</sup> , Everolimus, alt. CDK4/6 3. Fulvestrant Monotherapy
	ET Resistant:  BRCA WT = ADC or single agent chemo (see below) BRCA Δ = PARP inhibitor (olaparib, talazoparib)
3 <sup>rd</sup>	HER2 Low = 1. TDxd ( <i>Enhertu</i> ) 2. Sacituzumab <sup>after ET + 2 systemic txs</sup> 3. Single agent chemo (ex: anthracycline, taxane)
	HER2 Neg = 1. Sacituzumab ( <i>Trodelvy</i> ) <sup>after ET + 2 systemic txs</sup> 2. Single agent chemo (ex: anthracycline, taxane)
★	Clinical Trial

# MBC HER2+: Treatment Schema

\* There is no SOC 2nd line onward therapy for HER2+ MBC.  
Below is one proposed schema

Tx Line	Regimen
1 <sup>st</sup>	Taxane + Trastuzumab + Pertuzumab
2 <sup>nd</sup>	Trastuzumab Deruxtecan = TDXd ( <i>Enhertu</i> ) * consider earlier if brain mets
3 <sup>rd</sup> – 4 <sup>th</sup>	Tucatinib + Trastuzumab + Capecitabine * consider earlier if brain mets
3 <sup>rd</sup> - 4 <sup>th</sup>	Trastuzumab Emtansine = TDM1 ( <i>Kadcyla</i> )
5 <sup>th</sup>	Margetuximab + Chemo Neratinib + Capecitabine
	Clinical Trial



# MBC TNBC: Treatment Schema

\* There is no SOC second+ line therapy for TN MBC.  
Below is one proposed schema

Tx Line	Regimen
1 <sup>st</sup>	PDL1 >10% = pembrolizumab + chemo
	PDL1 <10% = single agent chemo (ex: anthracycline, taxane)
2 <sup>nd</sup>	gBRCA = PARP inhibitor (Olaparib, Talazoparib) * consider in other HRD
3 <sup>rd</sup>	<p>1. ADC  <b>Sacituzumab (Trodelvy)</b> after 2 systemic lines of therapy, at least 1 for MBC  <b>Trastuzumab Deruxtecan TDXd (Enhertu)</b> <small>HER2 Low</small></p> <p>2. Single agent chemotherapy</p>
★	Clinical Trial

# Breast Cancer Reference Handout

## Breast Cancer Dx

### Atypical Ductal/Lobular Hyperplasia (ADH/ALH)

#### Abnormal "high-risk" lesions

+/- Surgery (to evaluate up-staging)  
+/- ET (for prevention, not typically stained for HR)

### Ductal/Lobular Carcinoma in Situ (DCIS/LCIS)

#### High-risk lesion (LCIS)

#### Non-invasive cancer, Stage 0, "Pre-Cancer" (DCIS)

Surgery (to evaluate up-staging, treatment for DCIS)  
+/- ET if HR+ (for prevention)

### Invasive Ductal/Lobular Carcinoma (IDC/ILC)

#### Invasive cancerous lesions

#### Stage I-IV

Surgical resection +/- RT if stage I-III  
Receptor-based neoadjuvant or adjuvant therapy (I-III)

### Definition of HR+

ER or PR > 1% IHC  
(1-10% = low)

### Definition of HER2+

- HER2 2+ IHC  
AND + FISH  
Ratio >2, CN >4-6
- HER2 3+ IHC

Types of Breast Cancer	Incidence
HR+/HER2-	70%
HR-/HER2+ HR+/HER2+	20%
HR-/HER2-	10%

## Local vs Systemic Tx

### Local Control:

Lumpectomy +/- RT or Mastectomy +/- RT

### Receptor-Based Systemic Therapy:

Chemotherapy, Antibody Therapy, Endocrine Therapy

## Receptor Based Tx

### Chemo/Immunotherapy Regimens

#### HR+ Chemo

ddACT  
TC

#### HER2+ Chemo

TC-HP  
TH

#### TNBC Chemo

ddACT  
TC-AC-Pembro "Keynote 522"

\* All EBC requires chemo EXCEPT low-risk HR+

### HR+

#### Endocrine Therapy [5-10 years]

Pre-menopausal = SERM (tamoxifen)  
Post-menopausal = AI (anastrozole, letrozole, exemestane)

### HER2+

#### HER2+ Antibody Therapy [1 year]

Trastuzumab (Herceptin) +/- Pertuzumab (Perjeta)

### Important Side Effects:

Adriamycin → cardiotoxicity  
Paclitaxel, Docetaxel → neuropathy, transaminitis  
Trastuzumab → cardiotoxicity  
A, C, T, M, F → myelosuppression, hair loss, neuropathy, infertility  
SERM → DVT, endometrial cancer, hot flashes/sweats, vaginal dryness  
AI → hot flashes/sweats, vaginal dryness, arthritis, osteoporosis

## Early Stage Breast Cancer Tx

### Simplified Front-Line Approach for tumors >T1a

### HR+ BC:

#### Adjuvant Therapy

Low Risk Oncotype ( $\leq 25$ ): ET (+/- OFS if Pre-men)

High Risk Oncotype ( $\geq 26$ ): TC (N-) or ACT (N+) + ET

- \* Pre-men oncotypes more complex
- \* If T3-T4 or N2-N3 = chemo (often ACT)

### HER2+ BC:

Neoadjuvant Therapy: TC-HP if T2 or N+

Adjuvant Therapy RD: TDM1

Adjuvant Therapy PCR: HP (dual antibodies)

\* Adjuvant TH if <2 cm, N0

### HR+/HER2+ BC: Triple Positive

Neoadjuvant Therapy: TC-HP if T2 or N+

Adjuvant Therapy RD: TDM1 + ET

Adjuvant Therapy PCR: HP (dual antibodies) + ET

\* Adjuvant TH if <2 cm, N0

### HR-/HER2- BC: Triple Negative

Neoadjuvant Therapy: ACTC + Pembro if T2 or N+

Adjuvant Therapy RD: Capecitabine + Pembro

Adjuvant Therapy PCR: Observation + Pembro

\* Neo/Adjuvant ddACT if <2 cm, N0 (no IO)

## HR+ Early Breast Cancer Risk

### Oncotype

21 gene recurrence score sent on tumor to determine risk of recurrence and need for chemotherapy

#### When to send Oncotype:

- T1b-T3, N0-N1

#### When not to send Oncotype:

- Too small (T1a < 5mm)
- Too large (consider in T3 > 5 cm, N2 ≥ 4 LN)
- Good prognosis histology (mucinous, tubular)

## Oncotype

Menopausal Status	Node Negative	Node Positive (N1 = 1-3+ LN)
POST	≤ 25: ET	≤ 25: ET
	≥ 26: Chemo + ET	≥ 26: Chemo + ET
PRE	< 16: ET	≤ 25: Chemo + ET
	16-25: +/- Chemo + ET * Consider AI/OFS in place of chemo	
	≥ 26: Chemo + ET	≥ 26: Chemo + ET

### Menopause Definition

1. Age >60
2. Age <60 and no menses >1Y OFF ET
3. BSO

## ET

For 5-10Y

### Pre-Menopausal

#### 1. Tamoxifen (SERM)

### Post-Menopausal

#### 1. Aromatase Inhibitors (AI) preferred

anastrozole, letrozole, exemestane

#### 2. Tamoxifen (SERM)

### Important Side Effects:

**AI + SERM** → hot flashes/sweats, vaginal secretion changes, mood/weight changes

**SERM** → 1% DVT, 1% endometrial cancer, teratogenic

**AI** → 10-30% arthritis, osteoporosis

## Chemo

Node Negative or N1 Chemo	N2+ or High Risk N1 Chemo
<b>TC (TC, Q3 week)</b> (T) Docetaxel (C) Cyclophosphamide	<b>ddACT (AC Q2W → T)</b> (A) Doxorubicin (C) Cyclophosphamide (T) Taxol

### Uncommonly consider neoadjuvant chemotherapy

- Give if unresectable tumor
- Controversial for downstaging tumors as HR+ BCs respond less robustly to chemo (consider if high oncotype)

## Additional Tx

### 1. Extended ET

7-10Y ET (high risk, ex: stage II-III)

### 2. CDK4/6

2Y Abemaciclib if N2 or N1 + (T3 or G3)

### 3. OFS

If premenopausal + high risk (young, N+, high grade, got chemo)

### 4. PARP

If BRCA+ and high risk

## HR+ Early Breast Cancer Tx

Small  
T1-T2, N0-N1

Surgery →

Low  
Oncotype →

High  
Oncotype →

ET: SERM (Tamoxifen)<sup>PRE-MEN</sup> or AI (Anastrozole)<sup>POST-MEN</sup>  
(5-10Y)

+/- RT: Radiation Therapy

TC [ACT if high risk]

(T) Docetaxel  
(C) Cyclophosphamide

→ ET (5-10Y)  
+/- RT

Large or Unresectable  
T3-T4, N2-N3

ddACT: AC Q2W → T

(A) Anthracycline  
(C) Cyclophosphamide  
(T) Paclitaxel

→ Surgery →

Surgery →

ET (5-10Y)  
RT

## HER2+ Early Breast Cancer Tx

Small  
T1N0

Surgery →

T-H  
(T) Paclitaxel  
(H) Herceptin

→

+/- RT  
H (1Y HER2AB)  
+/- ET (5-10Y)

Large

T2 or N+ (consider neo TCH+/- P in T1cN0)

TC-HP

(T) Docetaxel  
(C) Carboplatin  
(H) Herceptin  
(P) Perjeta

→

Surgery →

→

PCR

+/-RT

HP to complete 1Y HER2 AB  
+/- ET For 5-10Y

→

RD

TDM1 to complete 1Y HER2 AB  
+/- ET for 5-10Y

## TN Early Breast Cancer Tx

Small  
T1N0

Surgery →

ddACT

(A) Doxorubicin  
(C) Cyclophosphamide  
(T) Taxol

→

+/-RT

Large

T2 or N+ (consider neo ddACT in T1cN0)

TC-AC-Pembrolizumab

(T) Taxol  
(C) Carboplatin  
(A) Doxorubicin  
(C) Cyclophosphamide  
(P) Pembrolizumab

→

Surgery →

→

PCR

+/-RT

Pembrolizumab

→

RD

Capecitabine +  
Pembrolizumab

\* if RD and gBRCA+ consider  
Olaparib in place of cape

## Metastatic Breast Cancer Tx

### Front Line Therapy

#### HR+ Breast Cancer:

**Hormone Therapy:** Tamoxifen or AI  
 WITH  
**CDK4/6 Inhibitor:** Palbociclib, Ribociclib, Abemaciclib

#### HER2+ Breast Cancer:

**HER2+ Therapy:** Trastuzumab +/- Pertuzumab  
 WITH  
**Chemotherapy:** Docetaxel or Paclitaxel

#### HR+/HER2+: Triple Positive Breast Cancer

**HER2+ Therapy:** Trastuzumab +/- Pertuzumab  
 WITH  
**Chemotherapy:** Docetaxel or Paclitaxel  
 \* Consider ET in place of chemo in select pts

#### HR-/HER2-: Triple Negative Breast Cancer

**CPS+ (>10%):** Pembrolizumab + chemotherapy  
 OR  
**PDL1-:** Chemotherapy: anthracyclines, taxanes, anti-metabolites, anti-tubulins, platins, etc

## Metastatic Breast Cancer Tx

### Additional Lines of Therapy: No SOC 2<sup>nd</sup> line onward therapy. Consider clinical trial

Tx Line	HR+ Breast Cancer
1 <sup>st</sup>	1. AI + CDK4/6 Inhibitor (palbociclib, ribociclib, abemaciclib) <sup>AI Sensitive</sup> 2. Fulvestrant + CDK4/6 <sup>AI Resistant</sup>
2 <sup>nd</sup> + ET Sensitive	1. Elacestrant <sup>ESR1 &gt; WT</sup> 2. Fulvestrant +/- Capivasertib <sup>PIK3CA/AKT/PTEN</sup> Alpelisib <sup>PIK3CA</sup> Everolimus <sup>WT</sup> CKD4/6 <sup>Alter.</sup>
2 <sup>nd</sup> + ET Resistant	BRCA - = Chemo or ADC: TDXd <sup>HER2 Low</sup> , Sacituzumab <sup>2 prior LOT</sup> BRCA + = PARP inhibitor (olaparib, talazoparib)

Tx Line	HER2+ Breast Cancer
1 <sup>st</sup>	Taxane + Trastuzumab + Pertuzumab
2 <sup>nd</sup>	Trastuzumab Deruxtecan = TDXd ( <i>Enhertu</i> )
3 <sup>rd</sup> -4 <sup>th</sup>	Trastuzumab Emtansine = TDM1 ( <i>Kadcyla</i> )
3 <sup>rd</sup> - 4 <sup>th</sup>	Tucatinib + Trastuzumab + Capecitabine * consider 2 <sup>nd</sup> line if brain mets

Tx Line	Triple Negative Breast Cancer
1 <sup>st</sup>	PDL1 >10% = pembrolizumab + chemo PDL1 <10% = single agent chemo (ex: anthracycline, taxane)
2 <sup>nd</sup> - 3 <sup>rd</sup>	BRCA + = PARP inhibitor (consider in other HRD)
2 <sup>nd</sup> - 3 <sup>rd</sup>	ADC: TDXd <sup>HER2 Low</sup> , Sacituzumab <sup>2 prior LOT, 1 for MBC</sup> Single agent chemotherapy